



Momentum Health

CAPE PIONEER TREK

presented by Biogen

PROLOGUE START TIMES - 2018

<u>SURNAME</u>	<u>NAME</u>	<u>PROLOGUE</u>	<u>TEAM CATEGORY</u>
VAN DER LINDE	MARISA	12:00	
JON DE HUTTON	JADE	12:01	
OOSTHUIZEN	LEHANE	12:02	
FOUCHE	RAINE	12:03	
SNYMAN	HANLIE	12:04	
STASSEN	LOUIS	12:09	
STEYN	CHARLES	12:10	
DANIEL	ANDREY	12:11	
KANSTINGER	MARTIN	12:12	
BONFANTI	GIANFRANCO	12:13	
RENNIE	MICHAEL	12:14	
VAN OOSTERBOSCH	BENEDICT	12:15	
HRDLICKA	JAROSLAV	12:16	
DANIEL	SHANE	12:17	
ROGGEN	MARC	12:18	
BABOR	BOHUSLAV	12:19	
TAIT	LESTER	12:20	
VERSCHOOR	ROB	12:21	
VORSTER	ANRE	12:22	
DU PLESSIS	HENKIE	12:23	
LORENZ	CHRISTOPH	12:24	
MONIZ	LUIS	12:25	
PETER	URDL	12:26	
ALTERMATT	MARTIN	12:27	
SVEN	CAMPS	12:28	
ZENKNER	TORSTEN	12:29	
PRETORIUS	KEVIN JOHN	12:30	
DU PREEZ	ROBERT	12:31	
SCHMIDT	JASON	12:32	
RUSCH	ROGER	12:33	

VAN ANTWERP	MARK	12:34	
LABUSCHAGNE	JOHAN	12:35	
DE WET	ANRU	12:36	
SMITH	MARK	12:37	
STEYN	CHARLES	12:38	
LAUBSCHER	DWAYNE	12:39	
BOYER	DAVID	12:40	
MICHAEL	PETERS	12:41	
PACHECO	JOAO	12:42	
JOHNSON	ANDREW	12:43	
LASSEN	SIMON	12:44	
SMIT	DANIE	12:45	
HALL	GRANT	12:46	
PARAMES	ANDRE	12:47	
BRIGGS	ANDREW	12:48	
MALLANDAIN	NICHOLAS IAN	12:49	
BENADE	LUCIANO	12:50	
SYLVAIN	ECOFFEY	12:51	
SCHEMPER	ANDRE	12:52	
FOUCHE	PAUL	12:53	
STOCKWELL	ANDREW	12:54	
PRINSLOO	TIENIE	12:55	
ALLEN	RICHARD	12:56	
LUDICK	HENRY	12:57	
ICKLER	SEBASTIAN	12:58	
WIM	LEMAL	12:59	
JOUBERT	MICHAEL	13:00	
COETZEE	DRIKUS	13:01	
VAN ZYL	FRED	13:02	
BABOR	LUKAS	13:03	
HARRUP	GREGORY	13:04	
SERFONTEIN	WILLEM	13:05	
STAMATIS	MATTHEW	13:06	
MRAZ	LUKAS	13:07	
DE DECKER	ZANE	13:08	
VENTER	DENNIS	13:09	
STEWART	JANINE	13:14	MIXED TEAM
PEERS	JONATHAN X	13:14	MIXED TEAM
RUSSOUW	PIETER	13:15	MIXED TEAM
RUSSOUW	RUSERMIE	13:15	MIXED TEAM

BRANDJES	SUSANNE	13:16	MIXED TEAM
BRANDJES	DON	13:16	MIXED TEAM
OOSTHUIZEN	HELNIE PRINSLOO	13:17	MIXED TEAM
OOSTHUIZEN	RIKA	13:17	MIXED TEAM
WERDMULLER VON ELGG	CHARMAINE HELEN	13:18	MIXED TEAM
WERDMULLER VON ELGG	OTTO	13:18	MIXED TEAM
TALJAARD	KEVIN	13:19	MIXED TEAM
VAN DER BIJL	SISKA	13:19	MIXED TEAM
EVARD	DANIEL	13:20	MIXED TEAM
VANDEVENNE	LINDY	13:20	MIXED TEAM
CORINNE	OVERNEY	13:21	MIXED TEAM
VINCENT	FLUECK	13:21	MIXED TEAM
SLABBERT	HEATHER	13:22	MIXED TEAM
ROSSOUW	ROAN	13:22	MIXED TEAM
SIKKING	FRANK	13:23	MIXED TEAM
ARJANNE	SIKKING	13:23	MIXED TEAM
SCHAER	MARCO	13:24	MIXED TEAM
STAUB	CHRISTINE	13:24	MIXED TEAM
BARNARD	KOBUS	13:25	MIXED TEAM
BARNARD	FIENIE	13:25	MIXED TEAM
DE VILLIERS	YOLANDE	13:26	MIXED TEAM
MCFALL	CHARLES	13:26	MIXED TEAM
DE NEYS	KRISTOF	13:31	MASTER MEN
FELIERS	EDDY	13:31	MASTER MEN
CHIDRAWI	CRAIG	13:32	MASTER MEN
NITCH	DEREK	13:32	MASTER MEN
RUNDEL	ALBERT	13:33	MASTER MEN
MOECK	EBERHARD	13:33	MASTER MEN
KERKHOF	JOSEPH	13:34	MASTER MEN
RUDY	JONCKERS	13:34	MASTER MEN
DE VAAL	PETER	13:35	MASTER MEN
NEUTEBOOM	HANS	13:35	MASTER MEN
BOTHA	FLORIS	13:36	MASTER MEN
SEABRA	VIC	13:36	MASTER MEN
KNOETZE	ERIK	13:37	MASTER MEN
VISSER	TOBIE	13:37	MASTER MEN
MELLAART	MARTIJN	13:38	MASTER MEN
SALE	SHAUN	13:38	MASTER MEN
MARTIN	IAN	13:39	MASTER MEN
STRANSKY	JOEL	13:39	MASTER MEN

BAKER	WALEED	13:40	MASTER MEN
SIM	ROBERT	13:40	MASTER MEN
CONRADIE	JOHAN	13:45	VETS MEN
HORSMAN	RYAN	13:45	VETS MEN
GOSLING	DENHAM	13:46	VETS MEN
GREYLING	ABRIE	13:46	VETS MEN
DE WET	JOHANN	13:47	VETS MEN
THERON	MORNE	13:47	VETS MEN
BROWN	GORDON BLUNDELL	13:48	VETS MEN
SOMERS	LIAM SOMERS	13:48	VETS MEN
THOMAS	EHL	13:49	VETS MEN
JAN	SCHENK	13:49	VETS MEN
EHRET	MIKE	13:50	VETS MEN
ALEXANDER	ROSS	13:50	VETS MEN
JANECEK	MARTIN	13:51	VETS MEN
STRYCEK	JIRI	13:51	VETS MEN
ORCHARD	THOMAS	13:52	VETS MEN
BOOYSEN	GERHARD	13:52	VETS MEN
SENEKAL	RIAAN	13:53	VETS MEN
VOIGT	HERMANN	13:53	VETS MEN
PETTERSON	MARK	13:54	VETS MEN
BLACKWELL	MATTHEW	13:54	VETS MEN
VAN MUSSCHER	MARTIN	13:55	VETS MEN
ESSAYAH	ADELAZIZ	13:55	VETS MEN
KAMHOOT	FRITS	13:56	VETS MEN
CARTER	CRAIG	13:56	VETS MEN
VAN ZYL	GERRIT	13:57	VETS MEN
GOUWS	GERHARD	13:57	VETS MEN
EVANS	GARETH	13:58	VETS MEN
KOEN	DYLAN	13:58	VETS MEN
SIKKING	RICHARD	13:59	VETS MEN
VAN RHEENEN	GERTJAN	13:59	VETS MEN
ANDERSON	LOUIS	14:00	VETS MEN
VAN SCHALKWYK	DIRK	14:00	VETS MEN
JANOUSEK	MIROSLAV	14:01	VETS MEN
TACHOVSKY	ROBERT	14:01	VETS MEN
SMIT	JOHANNES	14:02	VETS MEN
HUGO	PIETER	14:02	VETS MEN
VERBEEK	RENIER	14:03	VETS MEN
DEETLEFS	EDUAN	14:03	VETS MEN

SOUTHWOOD	THOMAS	14:04	VETS MEN
RICHARD EVANS	NIALL	14:04	VETS MEN
JAMES	STANLEY	14:05	VETS MEN
VAN DYK	HELON	14:05	VETS MEN
MAX	FRIEDRICH	14:06	VETS MEN
THORSTEN	KELLER	14:06	VETS MEN
BEZUIDENHOUT	LOUISE	14:11	LADIES OPEN
VERNOOY	CHARLENE	14:11	LADIES OPEN
WILLS	GINA	14:13	LADIES OPEN
EDWARDS	AURALIA	14:13	LADIES OPEN
VAN AARDT	SIMONE RHODA	14:15	LADIES OPEN
LOUW	SARITA	14:15	LADIES OPEN
HAYWOOD	NIKKI	14:17	LADIES OPEN
DULIN	NATASHA	14:17	LADIES OPEN
DU TOIT	YOLANDI	14:22	LADIES OPEN
WILLIAMSON	CATHERINE	14:22	LADIES OPEN
VORSTER	MICHELLE	14:24	LADIES OPEN
HALBWACHS	AURELIE	14:24	LADIES OPEN
KITCHING	TANDI	14:26	LADIES OPEN
BORRILL	JENNA	14:26	LADIES OPEN
BROUWER	KAREN	14:28	LADIES OPEN
CEMILE	TROMMER	14:28	LADIES OPEN
MENZIES	MAX	14:40	OPEN MEN
REQUE	FERNELL	14:40	OPEN MEN
HOOGHIEMSTER	NIEK	14:42	OPEN MEN
KINGMA	ANTON	14:42	OPEN MEN
SALT	GAVIN	14:44	OPEN MEN
BRINK	DEON	14:44	OPEN MEN
KESSLER	RALF	14:46	OPEN MEN
SCHWALLER	BEAT	14:46	OPEN MEN
KEYSER	MATTHEW	14:48	OPEN MEN
LOUW	ETNARD	14:48	OPEN MEN
EVANS	LUKE	14:50	OPEN MEN
SIMPSON	RICHARD	14:50	OPEN MEN
AMBROOS	FILIP	14:52	OPEN MEN
VAN BAELEN	JEF	14:52	OPEN MEN
VAN DER HOVEN	JACOBUS REYNEKE	14:54	OPEN MEN
DU PLESSIS	HEIN	14:54	OPEN MEN
SMITH	JACO	14:56	OPEN MEN
JOOSTE	FRANCOIS	14:56	OPEN MEN

SANDER	JURGEN	14:58	OPEN MEN
SANDER	STEFAN	14:58	OPEN MEN
CORNELIUS	KAISER	15:00	OPEN MEN
VAN TONDER	COBUS	15:00	OPEN MEN
MARC	BERGER	15:02	OPEN MEN
MICHEL	BRUEGGER	15:02	OPEN MEN
MAYER	PATRICK	15:04	OPEN MEN
MAYER	GREGORY	15:04	OPEN MEN
HOLMES	EDWARD	15:06	OPEN MEN
ERASMUS	BANNISTER	15:06	OPEN MEN
PATRICK	KOS	15:08	OPEN MEN
BOTMAN	WIM	15:08	OPEN MEN
LORENZEN	CHRISTIAAN	15:10	OPEN MEN
GILDENHUYS	HEINRICH	15:12	OPEN MEN
DAN FOWLER	DANNY	15:14	OPEN MEN
WITHAAR	JAN	15:14	OPEN MEN
SINDLINGER	TOBIAS	15:16	OPEN MEN
SINDLINGER	GABRIEL	15:16	OPEN MEN
HORNSBY	JUSTIN	15:18	OPEN MEN
BENKENSTEIN	KEVIN	15:18	OPEN MEN
SMITH	FRANCOIS	15:20	OPEN MEN
SMITH	WIAN	15:20	OPEN MEN
TOMSETT	JUSTIN	15:22	OPEN MEN
CARDOSO	HUMBERTO	15:22	OPEN MEN
WALTERS	MAURITZ	15:24	OPEN MEN
GROBLER	MATTHEW	15:24	OPEN MEN
WILLIAMS	WARREN	15:26	OPEN MEN
USHER	GRANT	15:26	OPEN MEN
DUVENAGE	ANDREW	15:31	OPEN MEN
URIA	CRAIG	15:31	OPEN MEN
PLIEM	MANUEL	15:33	OPEN MEN
SCHOEGGL	DAVID	15:33	OPEN MEN
VAN DEN HEEVER	JARROD	15:35	OPEN MEN
COOPER	TIMO	15:35	OPEN MEN
MOS	GERBEN	15:37	OPEN MEN
SMEENGE	TIM	15:37	OPEN MEN
SWANEPOEL	BEN MELT	15:39	OPEN MEN
YANNICK	LINCOLN	15:39	OPEN MEN
KLEINHANS	ERIK	15:41	OPEN MEN
THUMM	JOHANNES	15:41	OPEN MEN

BEUKES	MATTHYS	15:43	OPEN MEN
BUYS	PHILIP	15:43	OPEN MEN
DE NIJS	ROBBERT	15:45	OPEN MEN
GROEN	ERIK	15:45	OPEN MEN
COMBRINCK	GAWIE	15:47	OPEN MEN
BEERS	MATTHEW	15:47	OPEN MEN
HATHERLY	ALAN	15:49	OPEN MEN
ANDREASSEN	SIMON	15:49	OPEN MEN