



Momentum Health

CAPE PIONEER TREK

presented by Biogen

PROLOGUE START TIMES - 2018

<u>SURNAME</u>	<u>NAME</u>	<u>PROLOGUE</u>	<u>TEAM CATEGORY</u>
ALEXANDER	ROSS	13:50	VETS MEN
ALLEN	RICHARD	12:56	
ALTERMATT	MARTIN	12:27	
AMBROOS	FILIP	14:52	OPEN MEN
ANDERSON	LOUIS	14:00	VETS MEN
ANDREASSEN	SIMON	15:49	OPEN MEN
ARJANNE	SIKKING	13:23	MIXED TEAM
BABOR	BOHUSLAV	12:19	
BABOR	LUKAS	13:03	
BAKER	WALEED	13:40	MASTER MEN
BARNARD	KOBUS	13:25	MIXED TEAM
BARNARD	FIENIE	13:25	MIXED TEAM
BEERS	MATTHEW	15:47	OPEN MEN
BENADE	LUCIANO	12:50	
BENKENSTEIN	KEVIN	15:18	OPEN MEN
BEUKES	MATTHYS	15:43	OPEN MEN
BEZUIDENHOUT	LOUISE	14:11	LADIES OPEN
BLACKWELL	MATTHEW	13:54	VETS MEN
BONFANTI	GIANFRANCO	12:13	
BOOYSEN	GERHARD	13:52	VETS MEN
BORRILL	JENNA	14:26	LADIES OPEN
BOTHA	FLORIS	13:36	MASTER MEN
BOTMAN	WIM	15:08	OPEN MEN
BOYER	DAVID	12:40	
BRANDJES	SUSANNE	13:16	MIXED TEAM
BRANDJES	DON	13:16	MIXED TEAM
BRIGGS	ANDREW	12:48	
BRINK	DEON	14:44	OPEN MEN
BROUWER	KAREN	14:28	LADIES OPEN
BROWN	GORDON BLUNDELL	13:48	VETS MEN

BUYS	PHILIP	15:43	OPEN MEN
CARDOSO	HUMBERTO	15:22	OPEN MEN
CARTER	CRAIG	13:56	VETS MEN
CEMILE	TROMMER	14:28	LADIES OPEN
CHIDRAWI	CRAIG	13:32	MASTER MEN
COETZEE	DRIKUS	13:01	
COMBRINCK	GAWIE	15:47	OPEN MEN
CONRADIE	JOHAN	13:45	VETS MEN
COOPER	TIMO	15:35	OPEN MEN
CORINNE	OVERNEY	13:21	MIXED TEAM
CORNELIUS	KAISER	15:00	OPEN MEN
DAN FOWLER	DANNY	15:14	OPEN MEN
DANIEL	ANDREY	12:11	
DANIEL	SHANE	12:17	
DE DECKER	ZANE	13:08	
DE NEYS	KRISTOF	13:31	MASTER MEN
DE NIJS	ROBBERT	15:45	OPEN MEN
DE VAAL	PETER	13:35	MASTER MEN
DE VILLIERS	YOLANDE	13:26	MIXED TEAM
DE WET	ANRU	12:36	
DE WET	JOHANN	13:47	VETS MEN
DEETLEFS	EDUAN	14:03	VETS MEN
DU PLESSIS	HENKIE	12:23	
DU PLESSIS	HEIN	14:54	OPEN MEN
DU PREEZ	ROBERT	12:31	
DU TOIT	YOLANDI	14:22	LADIES OPEN
DULIN	NATASHA	14:17	LADIES OPEN
DUVENAGE	ANDREW	15:31	OPEN MEN
EDWARDS	AURALIA	14:13	LADIES OPEN
EHRET	MIKE	13:50	VETS MEN
ERASMUS	BANNISTER	15:06	OPEN MEN
ESSAYAH	ADELAZIZ	13:55	VETS MEN
EVANS	GARETH	13:58	VETS MEN
EVANS	LUKE	14:50	OPEN MEN
EVRARD	DANIEL	13:20	MIXED TEAM
FELIERS	EDDY	13:31	MASTER MEN
FOUCHE	RAINE	12:03	
FOUCHE	PAUL	12:53	
GILDENHUYS	HEINRICH	15:12	OPEN MEN
GOSLING	DENHAM	13:46	VETS MEN

GOUWS	GERHARD	13:57	VETS MEN
GREYLING	ABRIE	13:46	VETS MEN
GROBLER	MATTHEW	15:24	OPEN MEN
GROEN	ERIK	15:45	OPEN MEN
HALBWACHS	AURELIE	14:24	LADIES OPEN
HALL	GRANT	12:46	
HARRUP	GREGORY	13:04	
HATHERLY	ALAN	15:49	OPEN MEN
HAYWOOD	NIKKI	14:17	LADIES OPEN
HOLMES	EDWARD	15:06	OPEN MEN
HOOGHIEMSTER	NIEK	14:42	OPEN MEN
HORNSBY	JUSTIN	15:18	OPEN MEN
HORSMAN	RYAN	13:45	VETS MEN
HRDLICKA	JAROSLAV	12:16	
HUGO	PIETER	14:02	VETS MEN
ICKLER	SEBASTIAN	12:58	
JAMES	STANLEY	14:05	VETS MEN
JAN	SCHENK	13:49	VETS MEN
JANECEK	MARTIN	13:51	VETS MEN
JANOUSEK	MIROSLAV	14:01	VETS MEN
JOHNSON	ANDREW	12:43	
JON DE HUTTON	JADE	12:01	
JOOSTE	FRANCOIS	14:56	OPEN MEN
JOUBERT	MICHAEL	13:00	
KAMHOOT	FRITS	13:56	VETS MEN
KANSTINGER	MARTIN	12:12	
KERKHOF	JOSEPH	13:34	MASTER MEN
KESSLER	RALF	14:46	OPEN MEN
KEYSER	MATTHEW	14:48	OPEN MEN
KINGMA	ANTON	14:42	OPEN MEN
KITCHING	TANDI	14:26	LADIES OPEN
KLEINHANS	ERIK	15:41	OPEN MEN
KNOETZE	ERIK	13:37	MASTER MEN
KOEN	DYLAN	13:58	VETS MEN
LABUSCHAGNE	JOHAN	12:35	
LASSEN	SIMON	12:44	
LAUBSCHER	DWAYNE	12:39	
LORENZ	CHRISTOPH	12:24	
LORENZEN	CHRISTIAAN	15:10	OPEN MEN
LOUW	SARITA	14:15	LADIES OPEN

LOUW	ETNARD	14:48	OPEN MEN
LUDICK	HENRY	12:57	
MALLANDAIN	NICHOLAS IAN	12:49	
MARC	BERGER	15:02	OPEN MEN
MARTIN	IAN	13:39	MASTER MEN
MAX	FRIEDRICH	14:06	VETS MEN
MAYER	PATRICK	15:04	OPEN MEN
MAYER	GREGORY	15:04	OPEN MEN
MCFALL	CHARLES	13:26	MIXED TEAM
MELLAART	MARTIJN	13:38	MASTER MEN
MENZIES	MAX	14:40	OPEN MEN
MICHAEL	PETERS	12:41	
MICHEL	BRUEGGER	15:02	OPEN MEN
MOECK	EBERHARD	13:33	MASTER MEN
MONIZ	LUIS	12:25	
MOS	GERBEN	15:37	OPEN MEN
MRAZ	LUKAS	13:07	
NEUTEBOOM	HANS	13:35	MASTER MEN
NITCH	DEREK	13:32	MASTER MEN
OOSTHUIZEN	LEHANE	12:02	
OOSTHUIZEN	HELNIE PRINSLOO	13:17	MIXED TEAM
OOSTHUIZEN	RIKA	13:17	MIXED TEAM
ORCHARD	THOMAS	13:52	VETS MEN
PACHECO	JOAO	12:42	
PARAMES	ANDRE	12:47	
PATRICK	KOS	15:08	OPEN MEN
PEERS	JONATHAN X	13:14	MIXED TEAM
PETER	URDL	12:26	
PETTERSON	MARK	13:54	VETS MEN
PLIEM	MANUEL	15:33	OPEN MEN
PRETORIUS	KEVIN JOHN	12:30	
PRINSLOO	TIENIE	12:55	
RENNIE	MICHAEL	12:14	
REQUE	FERNELL	14:40	OPEN MEN
RICHARD EVANS	NIALL	14:04	VETS MEN
ROGGEN	MARC	12:18	
ROSSOUW	ROAN	13:22	MIXED TEAM
RUDY	JONCKERS	13:34	MASTER MEN
RUNDEL	ALBERT	13:33	MASTER MEN
RUSCH	ROGER	12:33	

RUSSOUW	PIETER	13:15	MIXED TEAM
RUSSOUW	RUSERMIE	13:15	MIXED TEAM
SALE	SHAUN	13:38	MASTER MEN
SALT	GAVIN	14:44	OPEN MEN
SANDER	JURGEN	14:58	OPEN MEN
SANDER	STEFAN	14:58	OPEN MEN
SCHAER	MARCO	13:24	MIXED TEAM
SCHEMPER	ANDRE	12:52	
SCHMIDT	JASON	12:32	
SCHOEGGL	DAVID	15:33	OPEN MEN
SCHWALLER	BEAT	14:46	OPEN MEN
SEABRA	VIC	13:36	MASTER MEN
SENEKAL	RIAAN	13:53	VETS MEN
SERFONTEIN	WILLEM	13:05	
SIKKING	FRANK	13:23	MIXED TEAM
SIKKING	RICHARD	13:59	VETS MEN
SIM	ROBERT	13:40	MASTER MEN
SIMPSON	RICHARD	14:50	OPEN MEN
SINDLINGER	TOBIAS	15:16	OPEN MEN
SINDLINGER	GABRIEL	15:16	OPEN MEN
SLABBERT	HEATHER	13:22	MIXED TEAM
SMEENGE	TIM	15:37	OPEN MEN
SMIT	DANIE	12:45	
SMIT	JOHANNES	14:02	VETS MEN
SMITH	MARK	12:37	
SMITH	JACO	14:56	OPEN MEN
SMITH	FRANCOIS	15:20	OPEN MEN
SMITH	WIAN	15:20	OPEN MEN
SNYMAN	HANLIE	12:04	
SOMERS	LIAM SOMERS	13:48	VETS MEN
SOUTHWOOD	THOMAS	14:04	VETS MEN
STAMATIS	MATTHEW	13:06	
STASSEN	LOUIS	12:09	
STAUB	CHRISTINE	13:24	MIXED TEAM
STEWART	JANINE	13:14	MIXED TEAM
STEYN	CHARLES	12:10	
STEYN	CHARLES	12:38	
STOCKWELL	ANDREW	12:54	
STRANSKY	JOEL	13:39	MASTER MEN
STRYCEK	JIRI	13:51	VETS MEN

SVEN	CAMPS	12:28	
SWANEPOEL	BEN MELT	15:39	OPEN MEN
SYLVAIN	ECOFFEY	12:51	
TACHOVSKY	ROBERT	14:01	VETS MEN
TAIT	LESTER	12:20	
TALJAARD	KEVIN	13:19	MIXED TEAM
THERON	MORNE	13:47	VETS MEN
THOMAS	EHL	13:49	VETS MEN
THORSTEN	KELLER	14:06	VETS MEN
THUMM	JOHANNES	15:41	OPEN MEN
TOMSETT	JUSTIN	15:22	OPEN MEN
URIA	CRAIG	15:31	OPEN MEN
USHER	GRANT	15:26	OPEN MEN
VAN AARDT	SIMONE RHODA	14:15	LADIES OPEN
VAN ANTWERP	MARK	12:34	
VAN BAELEN	JEF	14:52	OPEN MEN
VAN DEN HEEVER	JARROD	15:35	OPEN MEN
VAN DER BIJL	SISKA	13:19	MIXED TEAM
VAN DER HOVEN	JACOBUS REYNEKE	14:54	OPEN MEN
VAN DER LINDE	MARISA	12:00	
VAN DYK	HELON	14:05	VETS MEN
VAN MUSSCHER	MARTIN	13:55	VETS MEN
VAN OOSTERBOSCH	BENEDICT	12:15	
VAN RHEENEN	GERTJAN	13:59	VETS MEN
VAN SCHALKWYK	DIRK	14:00	VETS MEN
VAN TONDER	COBUS	15:00	OPEN MEN
VAN ZYL	FRED	13:02	
VAN ZYL	GERRIT	13:57	VETS MEN
VANDEVENNE	LINDY	13:20	MIXED TEAM
VENTER	DENNIS	13:09	
VERBEEK	RENIER	14:03	VETS MEN
VERNOOY	CHARLENE	14:11	LADIES OPEN
VERSCHOOR	ROB	12:21	
VINCENT	FLUECK	13:21	MIXED TEAM
VISSER	TOBIE	13:37	MASTER MEN
VOIGT	HERMANN	13:53	VETS MEN
VORSTER	ANRE	12:22	
VORSTER	MICHELLE	14:24	LADIES OPEN
WALTERS	MAURITZ	15:24	OPEN MEN
WERDMULLER VON ELGG	CHARMAINE HELEN	13:18	MIXED TEAM

WERDMULLER VON ELGG	OTTO	13:18	MIXED TEAM
WILLIAMS	WARREN	15:26	OPEN MEN
WILLIAMSON	CATHERINE	14:22	LADIES OPEN
WILLS	GINA	14:13	LADIES OPEN
WIM	LEMAL	12:59	
WITHAAR	JAN	15:14	OPEN MEN
YANNICK	LINCOLN	15:39	OPEN MEN
ZENKNER	TORSTEN	12:29	