

Pos	Num	Cat	Qty	Name	Time
1	801	IM	1	Roger Rusch	29.32.18
2	701	IM	1	Lawrence Koff	30.11.56
3	691	IM	1	Anru De Wet	36.40.42
4	632	IM	2	Johan Coetzee	46.55.47
1	241	IW	1	Hanlie Booyens	27.32.11
2	1011	IW	1	Kate Slegrova	29.44.40
3	732	IW	1	Alta Havenga	35.59.39
1	6	SM	2	Timo Cooper	22.24.52
2	15	SM	1	Heinz Zoerweg	22.42.11
3	4	SM	2	Petrus Malherbe	23.09.30
4	141	SM	1	Jonathan Wallace	24.49.18
5	2	SM	2	Rory Mapstone	25.41.38
6	38	SM	1	Niel Gerryts	26.20.11
7	11	SM	1	Wayne Mcduling	26.21.50
8	34	SM	1	Matt Pieterse	26.43.06
9	56	SM	2	Chris Van Zyl	26.46.02
10	53	SM	1	Alex Kruger	26.51.57
11	871	SM	2	Bredell Roux	26.52.16
12	55	SM	2	Ivo Nestel	27.11.16
13	36	SM	1	Cobus Louw	27.13.15
14	8	SM	1	Ashley Shaw	27.49.02
15	35	SM	1	Guy Van Elsen	28.07.54
16	49	SM	2	Graeme Johnstone	28.25.53
17	142	SM	1	Richard Edwards	28.59.41
18	9	SM	2	Emile Aldum	29.07.50
19	18	SM	1	Blaine Robson	29.38.16
20	41	SM	1	Alwyn Steenkamp	30.02.10
21	921	SM	1	Peter Ackermann	30.29.41
22	37	SM	3	Robert Vogel	30.41.41
23	17	SM	1	Marius Sullwald	31.24.01
24	33	SM	1	Eben Laubscher	31.39.46
25	30	SM	1	Pierre Billet	32.48.16
26	20	SM	1	Adrian Storie	33.35.51
27	29	SM	1	Andries Gous	33.50.38
28	40	SM	1	Gerhard Cruywagen	34.09.34
29	7	SM	1	Carl Crous	37.00.08
30	13	SM	4	Anton De Waal	37.22.21
31	19	SM	1	Sef Queis	38.13.17
32	51	SM	1	Louis Loubser	38.47.35
33	21	SM	4	Robert Du Preez	39.06.57
34	45	SM	1	Francois Ackerman	40.16.18
35	50	SM	1	Viljoen Thom	40.51.34

36	27	SM	1	Evert Waeterloos	41.08.09
37	1041	SM	1	Peter Varie	41.11.44
38	31	SM	1	Trevor Ruppig	44.20.53
39	28	SM	2	Glen Grundy	44.42.18
40	44	SM	1	Hano Coetser	47.01.19
1	52	SW	1	Desiree Loubser	29.06.47
2	42	SW	1	Diana Carolin	29.19.10
3	922	SW	1	Dianna Ineman	30.22.01
4	1042	SW	1	Heidi Venter	33.30.20
5	47	SW	1	Elsie Bezuidenhout	35.15.02
6	26	SW	1	Heidi Buttiens	35.40.37
7	14	SW	1	Siegrid Van Bever	39.21.24
8	48	SW	1	Zandile Ndhlovu	44.16.33
1	161	TR	2	Nico Bell	21.21.31
2	162	TR	1	Gawie Combrinck	21.21.40
3	401	TR	3	Matthys Beukes	21.50.57
4	402	TR	1	Ben Swanepoel	21.50.58
5	311	TR	1	Chris Wolhuter	22.42.54
6	312	TR	1	Oliver Munnik	22.43.18
7	381	TR	1	Robert Sim	23.01.11
8	382	TR	1	Nico Pfitzenmaier	23.01.11
9	271	TR	1	Mattijs Eversdijk	23.20.25
10	272	TR	2	Liwald Doornbos	23.20.29
11	261	TR	2	Micha De Vries	23.30.28
12	262	TR	1	Willem Van Heerdt	23.30.40
13	231	TR	1	Bärti Bucher	23.36.34
14	61	TR	4	Wynand Mulder	23.36.36
15	62	TR	3	Kobus Barnard	23.36.37
16	232	TR	1	Ernst Engeli	23.36.44
17	191	TR	2	Kathrin Stirnemann	24.10.24
18	192	TR	2	Sandro Soncin	24.10.25
19	131	TR	2	George Nel	24.31.58
20	132	TR	1	Franso Steyn	24.32.00
21	211	TR	1	Max Friedrich	24.36.37
22	212	TR	1	Nadine Rieder	24.36.40
23	201	TR	1	Craig Gerber	25.02.16
24	202	TR	1	Jennie Stenerhag	25.02.19
25	372	TR	1	Yolande Speedy	25.21.58
26	371	TR	3	Yolande De Villiers	25.21.59
27	171	TR	1	David Labuschagne	25.33.14
28	172	TR	4	Johan Labuschagne	25.33.19
29	341	TR	4	Ischen Stopforth	25.37.20
30	342	TR	2	Catherine Williamson	25.37.22
31	981	TR	1	Neville Ackermann	25.47.33

32	982	TR	1	Charles Nienaber	25.48.44
33	151	TR	1	Julien Van Der Pluym	25.59.16
34	152	TR	1	Jeandre Van Schalkwyk	25.59.25
35	851	TR	1	Shaun Neveling	26.21.50
36	852	TR	1	Dan Owens	26.24.02
37	551	TR	2	Craig Whittaker	26.32.02
38	552	TR	1	Neil Hauser	26.32.19
39	531	TR	3	Gerhard Ebersohn	26.32.25
40	532	TR	4	Christine Jansen Van Rensburg	26.32.26
41	331	TR	3	Rex Benson	26.34.12
42	332	TR	1	Mark Langman	26.34.18
43	1151	TR	1	Jaco Ferreira	26.52.11
44	291	TR	1	Ico Schutte	26.52.24
45	72	TR	1	Robert Hayes	27.00.11
46	71	TR	3	John Hayes	27.00.15
47	361	TR	1	Tony Conlon	27.00.41
48	362	TR	3	Peter Stopforth	27.00.44
49	352	TR	1	Yolandi Du Toit	27.05.36
50	351	TR	2	Dirk Oerlemans	27.05.37
51	1081	TR	2	Theuns Botha	27.06.20
52	1082	TR	2	Gerrie Beukes	27.06.23
53	521	TR	2	Adrian De La Harpe	27.12.38
54	522	TR	1	Ian Grassow	27.12.44
55	251	TR	2	Colin Myers	27.30.49
56	252	TR	1	Charl Bleach	27.30.50
57	1061	TR	2	Simon Francis	27.41.16
58	1062	TR	1	Zane De Decker	27.41.19
59	931	TR	1	Willem Bezuidenhout	27.58.45
60	932	TR	1	Pieter Van Deventer	27.58.49
61	941	TR	2	Sarah Van Heerden	28.09.33
62	942	TR	1	Jackie Church	28.09.33
63	662	TR	1	Rene Haselbacher	28.17.23
64	661	TR	1	Nizaam Esa	28.17.27
65	511	TR	1	Marco Birrer	28.27.16
66	512	TR	1	Nathalie Müller	28.27.19
67	121	TR	3	Derek Morgan	28.29.14
68	122	TR	1	Emily Clarke	28.29.19
69	111	TR	4	Henry Fagan	28.56.12
70	112	TR	3	Henry Swart	28.56.17
71	491	TR	3	Niel Rossouw	29.07.05
72	492	TR	1	Pierre Cloete	29.07.06
73	821	TR	1	Bennie De Wet	29.10.36
74	822	TR	1	Charl Johnson	29.10.38
75	671	TR	1	John Parent	29.20.31

76	672	TR	1	Paul Stafford	29.20.36
77	841	TR	1	Massimo Mancini	29.35.46
78	842	TR	1	Jaco Kamfer	29.36.14
79	1031	TR	1	Camron Wills	29.38.24
80	1032	TR	1	Neville Cragg	29.39.15
81	221	TR	1	Shaun Dunbar	29.42.18
82	222	TR	2	Richard Chesterton	29.42.38
83	432	TR	1	Frans Hansen	29.45.11
84	431	TR	1	Carl Mare	29.45.14
85	321	TR	2	Alex Van Rensburg	29.46.13
86	322	TR	4	Maartin Van Rensburg	29.46.15
87	81	TR	2	Casper De Bruin	29.58.05
88	82	TR	2	Clement De Bruin	29.58.10
89	581	TR	1	Patrick Manini	29.58.24
90	582	TR	1	Brunner Markus	29.58.29
91	301	TR	1	Andreas Wittmann	30.25.43
92	302	TR	1	Klaus Rübensaal	30.25.45
93	642	TR	1	Joseph Kerkhofs	30.49.06
94	881	TR	1	Carolyn Smith	30.57.16
95	882	TR	1	James Thompson	30.57.19
96	621	TR	1	De Villiers Groenewald	31.08.57
97	622	TR	1	Max Pelser	31.09.09
98	501	TR	2	Deon Kretschmar	31.11.30
99	502	TR	2	Jacques Le Roux	31.11.36
100	181	TR	3	Theresa Horn	31.20.23
101	182	TR	1	Miriam Stronkhorst	31.20.25
102	282	TR	2	Robert King	31.28.41
103	281	TR	1	Kabous Marra	31.28.55
104	641	TR	1	Daniel Evrard	31.38.19
105	441	TR	2	Johan Stumpf	32.07.48
106	442	TR	3	Charl Du Plessis	32.07.51
107	32	TR	1	Christoph Zech	32.28.20
108	31	TR	1	Marcel Bachmann	32.28.35
109	601	TR	2	J P Van Der Merwe	32.29.46
110	602	TR	3	Chris Herbst	32.30.02
111	971	TR	1	Henk Meyer	32.43.37
112	451	TR	2	Oliver Williams	33.02.04
113	452	TR	1	Roland Williams	33.02.10
114	761	TR	1	Peter Liebenberg	33.05.59
115	762	TR	1	J L Van Der Westhuizen	33.06.06
116	461	TR	1	Rick De Villiers	33.28.27
117	462	TR	1	Paul Winter	33.28.31
118	972	TR	2	Johann Le Roux	33.33.45
119	782	TR	1	Werner Du Preez	34.10.17

120	911	TR	2	Hilary Johnstone	34.13.36
121	912	TR	1	Sandra Winter	34.13.38
122	22	TR	1	Jonathan Van Den Berg	34.21.43
123	21	TR	1	Marius Claassens	34.21.50
124	561	TR	2	Carl Van Maanen	34.28.53
125	562	TR	2	Richard Sikking	34.29.00
126	591	TR	1	Arnold Steyn	34.30.20
127	592	TR	1	Gottlieb Venter	34.30.29
128	781	TR	1	Jacobus Steyn	34.31.01
129	902	TR	1	Naude De Kock	34.52.11
130	901	TR	1	Charles Steyn	35.05.53
131	1051	TR	2	Sivuyile Kepelele	35.11.36
132	1052	TR	1	Elton Pommer	35.24.42
133	772	TR	1	Garth Allardyce	35.52.05
134	771	TR	1	David Wright	35.52.17
135	571	TR	1	Andries Potgieter	36.43.31
136	572	TR	2	Frank Hattingh	36.43.37
137	1002	TR	1	Elsabe Brink	37.25.01
138	861	TR	1	Willem Boshoff	37.34.48
139	862	TR	1	Ian Coetsee	37.34.54
140	542	TR	1	Alex Van Dyk	37.37.21
141	541	TR	1	Marico Vercuiel	38.02.06
142	1001	TR	1	M C Wessels	38.21.18
143	421	TR	1	Tinus Venter	38.25.38
144	422	TR	1	Gert Marx	38.25.42
145	481	TR	1	Andre Collins	38.29.04
146	482	TR	1	Roelof Van Riet	38.29.06
147	831	TR	1	Hannes Dreeckmeier	39.10.44
148	832	TR	1	Louis Swanepoel	39.10.48
149	811	TR	1	Andre Schempers	39.59.56
150	812	TR	1	Franci Joubert	39.59.58
151	651	TR	1	Altus Muller	40.08.37
152	652	TR	1	Carey Bloch	40.08.37
153	711	TR	2	Loot Steyn	42.48.44
154	712	TR	3	Pieter Breytenbach	42.48.46
155	791	TR	1	Brendon Humphreys	43.14.01
156	792	TR	1	Nick Alton	43.14.06
157	961	TR	1	Sven Mahieu	43.33.07
158	962	TR	1	Peter Pretorius	43.33.13
159	681	TR	1	Brett Cummings	43.42.25
160	682	TR	1	Keagan Longueira	43.42.30
161	951	TR	1	Craig Gibson	44.51.37
162	952	TR	1	Hennie Ferreira	44.51.44
163	611	TR	1	Jamie Andrew	46.10.41

Year	PID	Age	Gen	Nation	is	J	K	L	Time07	Pos07	Yr
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