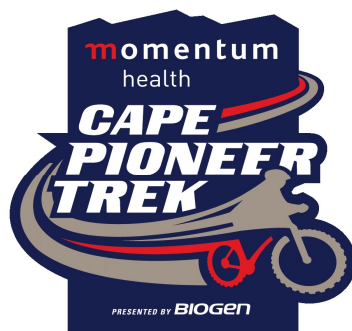


## PROLOGUE STARTING TIMES - 2019

FIRST NAME	LAST NAME	TEAM	COURSE CAT	RACE NO	START TIME
TERESA	COETZEE		SOLO WOMEN	100	12:03:00
NINA	LONG		SOLO WOMEN	101	12:04:00
ARYNA	EDWARDS		SOLO WOMEN	102	12:05:00
COLLETTE	BASTARD		SOLO WOMEN	103	12:06:00
LOUISE	BEZUIDENHOUT		SOLO WOMEN	104	12:07:00
MARISA	VAN DER LINDE		SOLO WOMEN	105	12:08:00
ROBERT	DU PREEZ		SOLO MEN	106	12:10:00
DAVID	WALSH		SOLO MEN	107	12:11:00
DALE	DE VILLIERS		SOLO MEN	108	12:12:00
ANRU	DE WET		SOLO MEN	109	12:13:00
BRUCE	CAMPBELL		SOLO MEN	110	12:14:00
METHOA	MABASA		SOLO MEN	111	12:15:00
PETRUS	BOSMAN		SOLO MEN	112	12:16:00
GRANT	ROBERTSON		SOLO MEN	113	12:17:00
KEVIN	LAWRENCE		SOLO MEN	114	12:18:00
LOUIS	ANDERSON		SOLO MEN	115	12:19:00
FRED	VAN ZYL		SOLO MEN	116	12:20:00
GERALD	DE KOCK		SOLO MEN	117	12:21:00
CHRIS	VAN DER MERWE		SOLO MEN	118	12:22:00
DAVID	HIGGS		SOLO MEN	119	12:23:00
GAWIE	SPIES		SOLO MEN	120	12:24:00
CLOETE	MURRAY		SOLO MEN	121	12:25:00
GAVIN	SALT		SOLO MEN	122	12:26:00
DENNIS	VENTER		SOLO MEN	123	12:27:00
RICHARD	MULLER		SOLO MEN	124	12:28:00
NIEL	LOUWRENS		SOLO MEN	125	12:29:00
CHARLES	STEYN		SOLO MEN	126	12:31:00
DAVID	LONG		SOLO MEN	127	12:32:00
REINO	VAN WYK		SOLO MEN	128	12:33:00
PETER	EDWARDS		SOLO MEN	129	12:34:00
MAURITZ	JANSEN VAN RENSBURG		SOLO MEN	130	12:35:00
RENIER	MEYER		SOLO MEN	131	12:36:00
MARK	LAMB		SOLO MEN	132	12:37:00
JACO	NIEMAN		SOLO MEN	133	12:38:00
KEVIN JOHN	PRETORIUS		SOLO MEN	134	12:39:00
NAUDE	ENGELS		SOLO MEN	135	12:40:00
JOHAN	LOUW		SOLO MEN	136	12:41:00
NEVILLE	CHESTER		SOLO MEN	137	12:42:00
PETER	ENSLIN		SOLO MEN	138	12:43:00
JOERI	BAL		SOLO MEN	139	12:44:00
JUSTIN	DE BRUIJN		SOLO MEN	140	12:45:00
TOM	ROOSEN		SOLO MEN	141	12:46:00
GUY	VAN ELSEN		SOLO MEN	142	12:47:00
WOUTER	DELY		SOLO MEN	143	12:48:00
PERRY	KALIS		SOLO MEN	144	12:49:00
TONY	HENDRY		SOLO MEN	145	12:50:00
SIMON	LASSEN		SOLO MEN	146	12:51:00
WIM	LEMAL		SOLO MEN	147	12:52:00



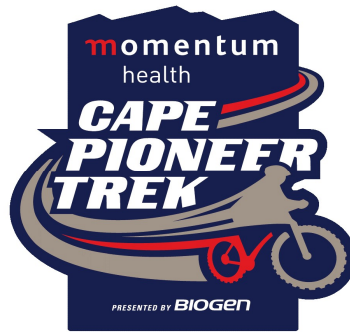
## PROLOGUE STARTING TIMES - 2019

FIRST NAME	LAST NAME	TEAM	COURSE CAT	RACE NO	START TIME
CHARL	AVENANT		SOLO MEN	148	12:53:00
ANDREAS	KUHN		SOLO MEN	149	12:54:00
HANNES	HANEKOM		SOLO MEN	150	12:55:00
IZAK	HANEKOM		SOLO MEN	151	12:56:00
SHUAN-NICK	BESTER		SOLO MEN	152	12:57:00
SERAJ	ABRAHAMAS		SOLO MEN	153	12:58:00
THEO	VAN ZYL		SOLO MEN	154	12:09:00
ARNO	DU TOIT	DSV PRO CYCLING	UCI ELITE MEN	500-1	15:42:00
GERT	HEYNS	DSV PRO CYCLING	UCI ELITE MEN	500-2	15:42:00
NICOL	CARSTENS	IMBUKO GIANT	UCI ELITE MEN	501-1	15:40:00
MARCO	JOUBERT	IMBUKO GIANT	UCI ELITE MEN	501-2	15:40:00
JAN	WITHAAR	ABSOLUTE MOTION	UCI ELITE MEN	502-1	15:38:00
HENRY	LIEBENBERG	ABSOLUTE MOTION	UCI ELITE MEN	502-2	15:38:00
GERBEN	MOS	KMC	UCI ELITE MEN	503-1	15:36:00
TIM	SMEENGE	KMC	UCI ELITE MEN	503-2	15:36:00
TIMOTHY	HAMMOND	DEVCMO - UMHLANGA ARCH / SPOT AFRICA	UCI ELITE MEN	504-1	15:34:00
JULIAN	JESSOP	DEVCMO - UMHLANGA ARCH / SPOT AFRICA	UCI ELITE MEN	504-2	15:34:00
NICO	BELL	NAD MTB	UCI ELITE MEN	505-1	15:32:00
HENDRIK	KRUGER	NAD MTB	UCI ELITE MEN	505-2	15:32:00
ERIK	KLEINHANS	CANYON	UCI ELITE MEN	506-1	15:30:00
ROBERT	HOBSON	CANYON	UCI ELITE MEN	506-2	15:30:00
KEAGAN	BONTEKONING	DORMAKABA 2	UCI ELITE MEN	507-1	15:28:00
MATTHEW	STAMATIS	DORMAKABA 2	UCI ELITE MEN	507-2	15:28:00
TYLER	DAY	BARZANI PRO CYCLING	UCI ELITE MEN	508-1	15:26:00
DUSTY	DAY	BARZANI PRO CYCLING	UCI ELITE MEN	508-2	15:26:00
MARC	FOURIE	VALLEY ELECTRICAL TITAN RACING TEAM	UCI ELITE MEN	509-1	15:21:00
ROSSOUW	BEKKER	VALLEY ELECTRICAL TITAN RACING TEAM	UCI ELITE MEN	509-2	15:21:00
ROGAN	SMART	THE BIKE SHOP - SCOTT - STROCAM	UCI ELITE MEN	510-1	15:19:00
JASON	PEACH	THE BIKE SHOP - SCOTT - STROCAM	UCI ELITE MEN	510-2	15:19:00
NIZAAM	ESA	ASRIN CYCLING	UCI ELITE MEN	511-1	15:17:00
MALCOLM	ISAACS	ASRIN CYCLING	UCI ELITE MEN	511-2	15:17:00
MORAN	VERMEULEN	ASRIN CYCLING 2	UCI ELITE MEN	512-1	15:15:00
KRENN	WOLFGANG	ASRIN CYCLING 2	UCI ELITE MEN	512-2	15:15:00
ALEXANDER	LABBE	TEAM ATOM 6 1	UCI ELITE MEN	513-1	15:13:00
ANGELINO	DEMEULENAERE	TEAM ATOM 6 1	UCI ELITE MEN	513-2	15:13:00
MICHAEL	POSTHUMUS	DORMAKABA 1	UCI ELITE MEN	514-1	15:11:00
DERRIN ANTHONY	SMITH	DORMAKABA 1	UCI ELITE MEN	514-2	15:11:00
JOHN DANIEL	CARLETON	ASOW RACING	UCI ELITE MEN	515-1	15:09:00
MITCHELL	GINSBERG	ASOW RACING	UCI ELITE MEN	515-2	15:09:00
MICHEL	MEYSMAN	AD APP/ KING PANDA	UCI ELITE MEN	516-1	15:07:00
BART	VAN DRIESSCHE	AD APP/ KING PANDA	UCI ELITE MEN	516-2	15:07:00
PAUL-DEAN	RORICH	TEAM INSPIRE	UCI ELITE MEN	517-1	15:05:00
TREVOR	DAVIES	TEAM INSPIRE	UCI ELITE MEN	517-2	15:05:00
FRANCO	FERREIRA	BIOGEN INSPIRE	UCI ELITE MEN	518-1	15:03:00
WERNER	ROUX	BIOGEN INSPIRE	UCI ELITE MEN	518-2	15:03:00
AMY	MCDUGALL	DORMAKABA LADIES	OPEN WOMEN	519-1	14:51:00
SAMANTHA	SANDERS	DORMAKABA LADIES	OPEN WOMEN	519-2	14:51:00
THERESA	RALPH	GALILEO RISK - LIV	OPEN WOMEN	520-1	14:49:00



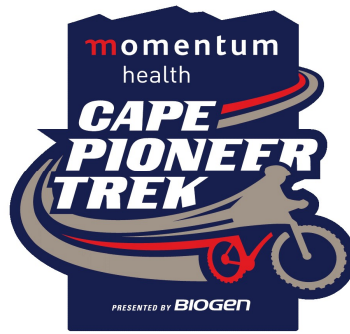
## PROLOGUE STARTING TIMES - 2019

FIRST NAME	LAST NAME	TEAM	COURSE CAT	RACE NO	START TIME
SARAH	HILL	GALILEO RISK - LIV	OPEN WOMEN	520-2	14:49:00
NICKY	GILIOMEE	SEATTLE COFFEE LOVERS	OPEN WOMEN	521-1	14:47:00
CHERISE	WILLEIT	SEATTLE COFFEE LOVERS	OPEN WOMEN	521-2	14:47:00
MARI	DU TOIT	OAKLEY 3	OPEN WOMEN	522-1	14:45:00
JANINE	MULLER	OAKLEY 3	OPEN WOMEN	522-2	14:45:00
VERCAMMEN	PATRICE	VERSTASTIC	OPEN WOMEN	523-1	14:35:00
STAS	MIEKE	VERSTASTIC	OPEN WOMEN	523-2	14:35:00
JANNEKE	LEASK	JABE	OPEN WOMEN	524-1	14:33:00
ELSABE	LATEGAN	JABE	OPEN WOMEN	524-2	14:33:00
ELSIE	GROBLER	GUNS&ROSES	OPEN WOMEN	525-1	14:31:00
MARI	KLEYNHANS	GUNS&ROSES	OPEN WOMEN	525-2	14:31:00
LUC	HEIJL	EKOPLAZA 2	OPEN MEN	526-1	14:26:00
THIJS	VAN BREE	EKOPLAZA 2	OPEN MEN	526-2	14:26:00
ERIK	DOES	EKOPLAZA 1	OPEN MEN	527-1	14:25:00
THIJS	VAN DEN BERG	EKOPLAZA 1	OPEN MEN	527-2	14:25:00
WOUTER	ZWIJNENBURG	FLATLANDERS ULTIMATE	OPEN MEN	528-1	14:24:00
JOFFREY	PERSIJN	FLATLANDERS ULTIMATE	OPEN MEN	528-2	14:24:00
JUSTIN	TOMSETT	ACEPAK ROBOTICS	OPEN MEN	529-1	14:23:00
MATTHEW	GROBLER	ACEPAK ROBOTICS	OPEN MEN	529-2	14:23:00
FLORIS	BOTHA	BIOGEN POWERED	OPEN MEN	530-1	14:22:00
PIETER-BEN	PIENAAR	BIOGEN POWERED	OPEN MEN	530-2	14:22:00
DEVLIN	EYDEN	OAKLEY 4	OPEN MEN	531-1	14:21:00
DOUGLAS	BRADLEY	OAKLEY 4	OPEN MEN	531-2	14:21:00
EUGENE	TOLMAN	ANDERSON TRANSPORT	OPEN MEN	532-1	14:20:00
CHRISTIAAN	LORENZEN	ANDERSON TRANSPORT	OPEN MEN	532-2	14:20:00
JOHAN	FURSTENBERG	BRIDELIA GROUP	OPEN MEN	533-1	14:19:00
SYDNEY	SWART	BRIDELIA GROUP	OPEN MEN	533-2	14:19:00
PIETER	VENTER	KEES & BEES	OPEN MEN	534-1	14:18:00
DEWALD	SCHOLTZ	KEES & BEES	OPEN MEN	534-2	14:18:00
LUCIANO	BENADE	MAVERICK & GOOSE	OPEN MEN	535-1	14:17:00
BANNISTER	ERASMUS	MAVERICK & GOOSE	OPEN MEN	535-2	14:17:00
MIKE	HEWAN	BIOGEN INSPIRE 2	OPEN MEN	536-1	14:16:00
HANCO	KACHELHOFFER	BIOGEN INSPIRE 2	OPEN MEN	536-2	14:16:00
JUSTIN	HORNSBY	NO NAME 3	OPEN MEN	537-1	14:15:00
RORIE	WILSON	NO NAME 3	OPEN MEN	537-2	14:15:00
JACO	PELSER	SALES HIRE EVENTS	UCI ELITE MEN	538-1	15:01:00
OLIVER	LENNARD	SALES HIRE EVENTS	UCI ELITE MEN	538-2	15:01:00
NICK	BESTER	BIOGEN BALLIES	VETERAN MEN	539-1	14:10:00
ANTON	SMAL	BIOGEN BALLIES	VETERAN MEN	539-2	14:10:00
JOHANNES	SMIT	RADICLE FOUNDATION	VETERAN MEN	540-1	14:09:00
PIETER	HUGO	RADICLE FOUNDATION	VETERAN MEN	540-2	14:09:00
GRANT	WOOD	SAFFASWISS	VETERAN MEN	541-1	14:08:00
MARK	VAN RENSBURG	SAFFASWISS	VETERAN MEN	541-2	14:08:00
SIMONS	KATHLEEN	MTB TEAM HAMONT	MIXED TEAM	542-1	13:03:00
BLOEMEN	RUDI	MTB TEAM HAMONT	MIXED TEAM	542-2	13:03:00
PETER	DE JAEGER	THE SURFIN' BIRDS	VETERAN MEN	543-1	14:07:00
HANS JAN	CRAPÉ	THE SURFIN' BIRDS	VETERAN MEN	543-2	14:07:00
HENRI	DELHEYE	TEAM ATOM 6 2	VETERAN MEN	544-1	14:06:00



## PROLOGUE STARTING TIMES - 2019

FIRST NAME	LAST NAME	TEAM	COURSE CAT	RACE NO	START TIME
BART	SEYNAEVE	TEAM ATOM 6 2	VETERAN MEN	544-2	14:06:00
TOM	SAEYS	HBC GLOBAL CYCLING TEAM 1	VETERAN MEN	545-1	14:05:00
VERDOODT	IGNACE	HBC GLOBAL CYCLING TEAM 1	VETERAN MEN	545-2	14:05:00
ANDRE	STAS	BOUKESPORT	VETERAN MEN	546-1	14:04:00
FRANCISCUS	VAN SPREEUWEL	BOUKESPORT	VETERAN MEN	546-2	14:04:00
JOHAN	COETZEE	MOZLINX	VETERAN MEN	547-1	14:03:00
GERHARD	SHAW	MOZLINX	VETERAN MEN	547-2	14:03:00
RIAAN	SENEKAL	TALISMAN HIRE	VETERAN MEN	548-1	14:02:00
HERMANN	VOIGT	TALISMAN HIRE	VETERAN MEN	548-2	14:02:00
THOMAS	ORCHARD	INSECT SCIENCE/ANDERSON TRANSPORT	VETERAN MEN	549-1	14:01:00
GERHARD	BOOYSEN	INSECT SCIENCE/ANDERSON TRANSPORT	VETERAN MEN	549-2	14:01:00
STEFANO	MADIES	BIOGEN MASTERS	VETERAN MEN	550-1	14:00:00
GRANT	USHER	BIOGEN MASTERS	VETERAN MEN	550-2	14:00:00
DAVID	WRIGHT	OZZIEBOUND	VETERAN MEN	551-1	13:55:00
STUART	JOHNSTON	OZZIEBOUND	VETERAN MEN	551-2	13:55:00
CHRIS	VILJOEN	OH NO!	VETERAN MEN	552-1	13:54:00
NICHOLAS	PRICE	OH NO!	VETERAN MEN	552-2	13:54:00
GRANT	MCLEAN	HAKUNA MATATA	VETERAN MEN	553-1	13:53:00
IVAN	BARCLAY	HAKUNA MATATA	VETERAN MEN	553-2	13:53:00
THOMAS	MULLER	MOEG GEPLOEG	VETERAN MEN	554-1	13:52:00
JOHAN	GELDENHUYS	MOEG GEPLOEG	VETERAN MEN	554-2	13:52:00
CHRISTO	PIENAAR	TEAM WILLE HONNE	VETERAN MEN	555-1	13:51:00
PIETER	EKSTEEN	TEAM WILLE HONNE	VETERAN MEN	555-2	13:51:00
BILL	NOEL	WILL AND GRACE	VETERAN MEN	556-1	13:50:00
JAN-LOUIS	PRETORIUS	WILL AND GRACE	VETERAN MEN	556-2	13:50:00
JOSE	CORREIA	RUBYCOR	VETERAN MEN	557-1	13:49:00
TERRY	RUBENSTEIN	RUBYCOR	VETERAN MEN	557-2	13:49:00
CHARL	BRUYNS	GROENTJIES	VETERAN MEN	558-1	13:48:00
ANDRE	NORTJE	GROENTJIES	VETERAN MEN	558-2	13:48:00
LOUIS	MARITZ	PEDALTENTIARY	VETERAN MEN	559-1	13:47:00
RUPERT	ESTERHUIZEN	PEDALTENTIARY	VETERAN MEN	559-2	13:47:00
GREAME	CRONJE	DEMACON TRAILSHREDA	VETERAN MEN	560-1	13:46:00
HEIN	DU TOIT	DEMACON TRAILSHREDA	VETERAN MEN	560-2	13:46:00
RIAAN	LANDMAN	NAMIBIA2GO GONDWANA	VETERAN MEN	561-1	13:45:00
FRANK	SNYMAN	NAMIBIA2GO GONDWANA	VETERAN MEN	561-2	13:45:00
HENDRIK	DU TOIT	CAPE EXPLORERS	VETERAN MEN	562-1	13:44:00
GREGORY	KUHNERT	CAPE EXPLORERS	VETERAN MEN	562-2	13:44:00
SHAWN	BRUWER	CRUSTY DEMONS	VETERAN MEN	563-1	13:43:00
IAN	GRASSOW	CRUSTY DEMONS	VETERAN MEN	563-2	13:43:00
ROBERT	SIM	GONDWANA NAMIBIA	MASTER MEN	564-1	13:38:00
PIET	SWIEGERS	GONDWANA NAMIBIA	MASTER MEN	564-2	13:38:00
LANDON	LA GRANGE	PITSTOPSPORT24HRS	MASTER MEN	565-1	13:37:00
WALEED	BAKER	PITSTOPSPORT24HRS	MASTER MEN	565-2	13:37:00
GUIDO	SCHAUVLIEGE	THE SCORPIONS	MASTER MEN	566-1	13:36:00
MARC	VAN DURME	THE SCORPIONS	MASTER MEN	566-2	13:36:00
MARNIX	BOGAERT	THE ROLLING STONES	MASTER MEN	567-1	13:35:00
BOB	FLORIN	THE ROLLING STONES	MASTER MEN	567-2	13:35:00
FILIP	GEERS	THE BLUE DIAMONDS	MASTER MEN	568-1	13:34:00



## PROLOGUE STARTING TIMES - 2019

FIRST NAME	LAST NAME	TEAM	COURSE CAT	RACE NO	START TIME
PHILIPPE	COLANBEEN	THE BLUE DIAMONDS	MASTER MEN	568-2	13:34:00
VAN LEEUWEN	JOSEPH	LEEUWEN2WIELERS	MASTER MEN	569-1	13:29:00
PETER	MOERMAN	LEEUWEN2WIELERS	MASTER MEN	569-2	13:29:00
JOHN	BULLENS	TBC	MASTER MEN	570-1	13:28:00
RICHARD	AARTS	TBC	MASTER MEN	570-2	13:28:00
JOHANNES	LACHI	500 SWIFT	MASTER MEN	571-1	13:27:00
JORIS	ZANDBERGEN	500 SWIFT	MASTER MEN	571-2	13:27:00
DON	BOYCE	SPC BIOGEN	MASTER MEN	572-1	13:26:00
STEPHEN	O'BRIEN	SPC BIOGEN	MASTER MEN	572-2	13:26:00
RINUS	VAN DEN ENDE	PHANTOM RIDERS	MASTER MEN	573-1	13:25:00
IVAN	KRUGER	PHANTOM RIDERS	MASTER MEN	573-2	13:25:00
DAVID	MCKERCHAR	T42	MASTER MEN	574-1	13:24:00
ANTONY	MOLLER	T42	MASTER MEN	574-2	13:24:00
STUART	BARNHOORN	HIPPCO	MASTER MEN	575-1	13:23:00
MELT	VAN DER SPUY	HIPPCO	MASTER MEN	575-2	13:23:00
SCIP	VERNEDE	SA POWER	MASTER MEN	576-1	13:22:00
ANDY	WRIGHT	SA POWER	MASTER MEN	576-2	13:22:00
ERIK	KNOETZE	ANDERSON MASTERS	MASTER MEN	577-1	13:21:00
DAWID	BOTHA	ANDERSON MASTERS	MASTER MEN	577-2	13:21:00
COBUS	STRYDOM	AFRIMAT	MASTER MEN	578-1	13:20:00
JACOBUS ADRIAAN	LATEGAN	AFRIMAT	MASTER MEN	578-2	13:20:00
FIENIE	BARNARD	GIANT/LIV MIXED	MIXED TEAM	579-1	13:15:00
KOBUS	BARNARD	GIANT/LIV MIXED	MIXED TEAM	579-2	13:15:00
VLADI	POKOBOVA	VANOMOBIL MTB TEAM BELGIUM	MIXED TEAM	580-1	13:14:00
PETER	VERSTRAETE	VANOMOBIL MTB TEAM BELGIUM	MIXED TEAM	580-2	13:14:00
MICHAELE	COOPER	MIKI AND THE MACHINE	MIXED TEAM	581-1	13:13:00
WALDI	KUHN	MIKI AND THE MACHINE	MIXED TEAM	581-2	13:13:00
ANGELIKA	AIGNER	FOCUS RAPIRO RACING	MIXED TEAM	582-1	13:12:00
SASCHA	LUDWIG	FOCUS RAPIRO RACING	MIXED TEAM	582-2	13:12:00
DE RIDDER	MARJOLEINE	HBC GLOBAL CYCLING TEAM 2	MIXED TEAM	583-1	13:11:00
PETER	DE BOECK	HBC GLOBAL CYCLING TEAM 2	MIXED TEAM	583-2	13:11:00
AME	COWLEY	OAKLEY 2	MIXED TEAM	584-1	13:10:00
SPENCER	COWLEY	OAKLEY 2	MIXED TEAM	584-2	13:10:00
LEENTIE	SMIT	CENVIRO MINING GUARANTEES	MIXED TEAM	585-1	13:09:00
CLINTON	HALSEY	CENVIRO MINING GUARANTEES	MIXED TEAM	585-2	13:09:00
JANNEKE	VAN DER MEULEN	NO NAME 1	MIXED TEAM	586-1	13:08:00
MITCHEL	STEENMAN	NO NAME 1	MIXED TEAM	586-2	13:08:00
DANIELA	REBHAN	STEIL IS GEIL	MIXED TEAM	587-1	13:07:00
CARSTEN	SELBACH	STEIL IS GEIL	MIXED TEAM	587-2	13:07:00
HETTIE	DENYSSCHEN	OAKLEY 1	MIXED TEAM	588-1	13:06:00
BERNARDUS CHRISTO	MEYER	OAKLEY 1	MIXED TEAM	588-2	13:06:00
MELANIE	BRENNER	TEAM UITK@K EN AFK@K	MIXED TEAM	589-1	13:05:00
DEON	BRENNER	TEAM UITK@K EN AFK@K	MIXED TEAM	589-2	13:05:00
YOLANDE	DE VILLIERS	MAD MACS KAWAKSAKI	MIXED TEAM	590-1	13:04:00
KEVIN	TALJAARD	MAD MACS KAWAKSAKI	MIXED TEAM	590-2	13:04:00